

## 2014 Wyandot Camp Lunch Information & Menu

## **Breakfast & Lunch Program Details:**

The City of Dublin, Recreation Services, Wyandot Camp will continue our partnership with the Dublin City Schools that will give parents the option to purchase lunch for campers at Wyandot Camp. If you're tired of packing lunch each day, families will have the option to purchase lunch for each registered camper.

If you want to purchase lunch there are a few things you need to know:

- ALL lunch purchases must be made at the time of registration. You will NOT have the option to purchase lunch at any other time throughout the summer.
- You have to purchase lunch for the entire week.
- If you choose the entire 8-week summer enrollment option, you will need to choose between packing lunch or buying lunch for the entire 8-week summer camp program.
- If you choose the week-to-week enrollment option, you can pick and choose which weeks you would like to purchase lunch.
- Camp Wyandot parents will pay \$26.25/week for breakfast & lunch (this includes a
  packed lunch on field trip days). The lunch menu will be provided prior to registration,
  and breakfast will be choice of cereal, milk and fruit.
- Dublin City Schools use no pork products, offer a vegetarian option each day, use whole grains as often as possible, use rBST/rGBH free milk and use low-fat dairy products.
- Dublin City Schools can provide an ingredient list to families with children who have food allergies.



## 2014 Wyandot Camp Lunch Menu

## This menu will repeat after 5 weeks

All meals include milk, Choice of Entrée and servings from our fresh fruit and vegetable bar.

Daily bar offerings include a variety of fruits and vegetables such as:

Romaine lettuce, fresh broccoli, baby carrots, fresh and canned fruit

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Monday	Tuesday	Wednesday	Thursday	Friday
FOOT LONG HOT DOG OR GARDEN SALAD W/CRACKERS	CHEESE PIZZA OR GARDEN SALAD /CRACKERS	FIELD TRIP DAY BAGEL BAG WW BAGEL W/CHOICE OF LOW FAT CREAM CHEESE	CHICKEN TENDERS W/ROLL OR GARDEN SALAD W/CRACKERS	Macaroni and Cheese Or Garden Salad W/Crackers
VEGETARIAN BAKED BEANS BAKED PRETZELS	HOMEMADE FRUIT CRISP BAKED PRETZELS FRUIT AND VEGETABLE BAR	OR SUN BUTTER  CARROT STICKS, FRESH  APPLE  BAKED PRETZELS	CRISPY BAKED POTATO TOTS BAKED PRETZELS	STEAMED GREEN BEANS FRESH BAKED LOW FAT COOKIE
FRUIT AND VEGETABLE BAR CHOICE OF MILK	CHOICE OF MILK	LARGE BOTTLED WATER	FRUIT AND VEGETABLE BAR CHOICE OF MILK	FRUIT AND VEGETABLE BAR CHOICE OF MILK
CHEESEBURGER ON WW BUN OR HUMMUS W/PITA CHIPS AND VEGETABLES FOR DIPPING	CHEESE PIZZA OR HUMMUS W/PITA CHIPS AND VEGETABLES FOR DIPPING ROMAINE SIDE SALAD	FIELD TRIP DAY BAGEL BAG  WW BAGEL W/CHOICE OF LOW FAT CREAM CHEESE OR SUN BUTTER CARROT STICKS, FRESH APPLE	Mini Corn Dog Nuggets w/BAKED WEDGE FRIES OR HUMMUS W/PITA CHIPS AND VEGETABLES FOR DIPPING	WARM ITALIAN SUB SANDWICH OR HUMMUS W/PITA CHIPS AND VEGETABLES FOR DIPPING
Baked Potato Fries	FRESH BAKED LOW FAT COOKIE	BAKED PRETZELS  LARGE BOTTLED WATER	SEASONED CORN	PASTA SALAD
FRUIT AND VEGETABLE BAR CHOICE OF MILK	FRUIT AND VEGETABLE BAR CHOICE OF MILK		FRUIT AND VEGETABLE BAR CHOICE OF MILK	FRUIT AND VEGETABLE BAR CHOICE OF MILK
CHICKEN PATTY SANDWICH OR	CHEESE PIZZA OR	FIELD TRIP DAY BAGEL BAG	CHICKEN TENDERS W/ROLL OR	MINI CHEESEBURGERS OR
GARDEN SALAD W/CRACKERS	GARDEN SALAD W/CRACKERS	WW BAGEL W/CHOICE OF LOW FAT CREAM CHEESE OR SUN BUTTER	GARDEN SALAD W/CRACKERS	GARDEN SALAD W/CRACKERS
VEGETARIAN BAKED BEANS BAKED LAYS	HOMEMADE FRUIT CRISP BAKED LAYS	CARROT STICKS, FRESH APPLE BAKED PRETZELS	CRISPY BAKED POTATO TOTS BAKED LAYS	MINI CORN ON COBB BAKED LAYS
FRUIT AND VEGETABLE BAR CHOICE OF MILK	FRUIT AND VEGETABLE BAR CHOICE OF MILK	LARGE BOTTLED WATER	FRUIT AND VEGETABLE BAR CHOICE OF MILK	FRUIT AND VEGETABLE BAR CHOICE OF MILK
FOOT LONG HOT DOG OR	CHEESE PIZZA OR	FIELD TRIP DAY BAGEL BAG	CHICKEN TWISTER WRAP OR	MACARONI & CHEESE OR
HUMMUS W/PITA CHIPS AND VEGETABLES FOR DIPPING	HUMMUS W/PITA CHIPS AND VEGETABLES FOR DIPPING	WW BAGEL W/CHOICE OF LOW FAT CREAM CHEESE OR SUN BUTTER CARROT STICKS, FRESH	HUMMUS W/PITA CHIPS AND VEGETABLES FOR DIPPING	HUMMUS W/PITA CHIPS AND VEGETABLES FOR DIPPING
BAKED POTATO WEDGES	ROMAINE SIDE SALAD FRESH BAKED LOW FAT	APPLE BAKED PRETZELS	PASTA SALAD	SEASONED GREEN BEANS
FRUIT AND VEGETABLE BAR CHOICE OF MILK	COOKIE FRUIT AND VEGETABLE BAR	LARGE BOTTLED WATER	FRUIT AND VEGETABLE BAR CHOICE OF MILK	FRUIT AND VEGETABLE BAR CHOICE OF MILK
CHICKEN TENDERS W/ROLL	CHOICE OF MILK CHEESE PIZZA	FIELD TRIP DAY	MINI CORN DOG NUGGETS	WARM ITALIAN SUB
GARDEN SALAD W/CRACKERS	OR GARDEN SALAD W/CRACKERS	BAGEL BAG  WW BAGEL W/CHOICE OF  LOW FAT CREAM CHEESE  OR SUN BUTTER	w/baked wedge fries or Hummus W/Pita Chips AND VEGETABLES FOR	WARM ITALIAN SUB SANDWICH OR HUMMUS W/PITA CHIPS AND VEGETABLES FOR
CRISPY BAKED POTATO TOTS	HOMEMADE FRUIT CRISP BAKED LAYS	CARROT STICKS, FRESH APPLE BAKED PRETZELS	DIPPING SEASONED CORN	DIPPING ROMAINE SIDE SALAD
FRUIT AND VEGETABLE BAR CHOICE OF MILK	FRUIT AND VEGETABLE BAR CHOICE OF MILK	LARGE BOTTLED WATER	FRUIT AND VEGETABLE BAR CHOICE OF MILK	FRUIT AND VEGETABLE BAR CHOICE OF MILK

Go to <u>www.choosemyplate.gov</u> for online personal wellness resources for you and your family.

Milk selections include: 1% white, skim white or skim chocolate. All milk is hormone free.